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Author(s): Hrituparna Saha

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Contemporary Indian Theatre: A Journey of Resistance from Classical Roots and Colonial Influences to Dalit Empowerment

Hrituparna Saha, M.Phil. Research Scholar, Department of Comparative Literature,
Jadavpur University, Kolkata, West Bengal

Abstract

This article presents a thorough exploration of Indian theatre, tracing its evolution from the ancient principles of the Natyashastra to contemporary practices. It delves into various aspects, including the integration of modern and traditional elements, the portrayal of women, the influence of colonial and post-colonial eras, and the emergence of Dalit theatre. The study illustrates how contemporary Indian theatre, enriched by its historical and cultural roots, serves as a potent medium for social commentary, political critique, and an expression of India's diverse socio-cultural identity. It further examines the pivotal transformations during the colonial era, where Indian theatre became a crucible of cultural confrontation and adaptation, integrating Western influences while simultaneously nurturing a form of resistance against colonial dominance.

The pivotal role of the Indian People's Theatre Association (IPTA) in shaping a nationalistic and socially conscious theatre in the wake of independence is analyzed, highlighting the continued evolution of Indian theatre amidst political and social upheavals. Through the lens of playwrights, directors, and dramatic theories, the article examines the transformation of Indian theatre into a dynamic, multi-faceted arena, reflecting both traditional influences and modern innovations.

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Introduction

Contemporary Indian theatre and drama stand as vibrant reflections of the country's rich cultural and socio-political milieu. This evolving landscape is shaped by diverse languages, traditions, historical influences, and current socio-political dynamics. Playwrights and directors constantly push boundaries with unconventional narratives, non-linear storytelling, and the incorporation of technology. This willingness to experiment has led to the emergence of new genres and styles, broadening the scope of Indian theatre. Indian theatre has always been an effective medium for social commentary and political critique. The rich tapestry of Indian theatre, an amalgam of history, culture, and innovation, presents an intriguing study of artistic evolution. This exploration delves into the intricate world of Indian theatre, tracing its journey from the ancient wisdom of the *Natyashastra* to the vibrant and diverse modern stage. Indian theatre, a multifaceted entity, has been shaped by a myriad of influences: the intricate dance of tradition and modernity, the profound impact of colonial and post-colonial shifts, the rise of feminist narratives, and the emergence of Dalit voices. These forces have not only shaped the contours of Indian theatre but have also mirrored the socio-cultural and political dynamics of India itself. Contemporary Indian theatre is a canvas of experimentation, where playwrights and directors push the boundaries of narrative and form. It serves as a powerful medium for social commentary and political critique, reflecting the complexities of Indian society. From the bold reimagining of classical tales to the spotlight on marginalised voices, Indian theatre is a dynamic, evolving art form. The historical and cultural journey of Indian theatre, rooted in Bharata Muni's *Natyashastra*, has been a continuous pursuit of artistic excellence, blending the traditional with the



contemporary. This article aims to provide an in-depth analysis of the evolution of Indian theatre, examining how it has transformed from a classical art form to a modern, globally relevant medium. It explores the various dimensions of Indian theatre, including its thematic diversity, regional variations, and the profound impact of socio-political factors. Through this journey, we gain insight into the unique identity of Indian theatre – an identity shaped as much by its ancient roots as by its contemporary expressions and the ever-evolving narratives of the nation it reflects.

Experimentation with Unconventional Narratives and Technologies in Modern Theatre

Modern Indian theatre frequently collaborates with other art forms such as dance, visual arts, and music, creating multidimensional performances. Contemporary productions often blend classical Indian performance styles with modern theatrical techniques, resulting in a unique and innovative synthesis. Contemporary Indian theatre has ventured beyond classical tales and mythological narratives, exploring themes like urban existentialism, gender issues, and political satire. Playwrights and directors are increasingly bringing marginalised voices to the forefront, crafting stories that reflect the varied experiences of India's diverse population. In the realm of contemporary Indian theatre, a remarkable transformation is underway, characterised by bold experimentation with unconventional narratives and the integration of advanced technologies. This evolution marks a significant departure from traditional theatrical forms, paving the way for a more diverse and technologically sophisticated landscape. This shift is not merely about content; it's about changing the very structure of storytelling. Non-linear narratives, abstract concepts, and complex character arcs are becoming commonplace, challenging audiences to engage with



theatre in new and thought-provoking ways. The infusion of technology into theatre has been nothing short of revolutionary. Digital backdrops, sound enhancements, and innovative lighting techniques are being used to create immersive experiences. The use of multimedia is not just an aesthetic choice; it allows for a more dynamic storytelling approach, where visual and auditory elements complement and enhance the narrative. Modern theatre is breaking the fourth wall, inviting the audience to become a part of the narrative. Interactive plays, where audience decisions influence the storyline, are becoming increasingly popular. This interactive approach transforms the audience from passive viewers to active participants, creating a more engaging and personalised experience. Contemporary Indian theatre is also witnessing a fusion of various artistic disciplines. Collaborations with visual arts, dance, and music are leading to multidimensional performances. These interdisciplinary approaches are enriching the theatrical experience, making it more diverse and representative of the multifaceted nature of contemporary society. With advancements in technology, Indian theatre is expanding its reach beyond the traditional stage. Online streaming of plays and virtual reality experiences are making theatre accessible to a global audience. This digital expansion is not just about reach; it's also about experimentation with new formats and storytelling techniques that are native to digital platforms.

Innovative Use of Technology in Contemporary Theatre

The use of multimedia, digital backdrops, and sound technology has transformed the way stories are told on stage, allowing for more immersive and visually captivating experiences. High-definition projections, digital backdrops, and LED screens are being utilized to create dynamic and transformative scenic designs. Sound design in theatre has



been elevated to new heights with the integration of advanced sound systems and acoustic technologies. With the rise of digital platforms, Indian theatre has embraced online performances, reaching wider audiences globally and experimenting with formats like virtual reality and interactive theatre. Technology has paved the way for interactive and immersive theatre experiences, where the distinction between performers and audience members is blurred. Through the use of augmented reality (AR), virtual reality (VR), and interactive installations, theatre-goers can become active participants in the narrative, making choices that influence the course of the performance.

The Historical and Cultural Journey of Indian Theatre through *Natyashastra*

Bharata Muni's *Natyashastra*, often misconceived as a text solely focused on dance, is in reality a monumental and renowned compendium of dramaturgy from ancient India. It transcends the realm of dance to encompass a holistic understanding of drama, providing a detailed framework for directors, stage-managers, actors, and audiences alike, encompassing plays and cinematic productions. P.V. Kane elucidates that the *Natyashastra* not only analyses the sources of aesthetic pleasure in performance but also delves into the architectural design of theatres, the nuances of metre, the intricacies of actors' postures, movements, gestures, and speech delivery. It comprehensively addresses various drama forms, structural analysis, styles, musical aspects including songs, and the employment of musical instruments, blending them into an exhaustive exploration of musical notes and their combinations. For Bharata Muni, drama was not merely an avenue for entertainment; it was a pursuit of higher artistic and moral standards. He advocated for the exclusion of obscenity from performances, aiming to elevate the calibre of both actors and the art form itself. Contrary to some modern



critiques, the *Natyashastra* is a meticulously structured work, spanning thirty-six chapters with further subdivisions, encompassing a broad spectrum of dramatic elements. Chapters six and seven specifically delve into the fundamental theories of aesthetics and the contextual frameworks of Sanskrit drama, linking the audience's emotional engagement, termed *Rasa*, to the expressive performance on stage, known as *Bhava*. Chapter six, in particular, presents the 'Natyasaṅgraha', an extensive enumeration of the eleven principal elements of drama, including sentiment, emotions, acting, modes of representation, styles of expression, local usages, production success, musical notes, instruments, songs, and the theatre itself. It further discusses eight *Rasas*, forty-nine *Bhavas*, and multiple types of *Abhinaya*, *Dharmi*, *Vritti*, and *Pravritti*, in addition to various forms of *Siddhi*, *Swara*, *Atodya*, *Gana*, and *Ranga*. Chapters eight to thirteen concentrate on physical actions and stage dynamics, delineating the division of the stage into zones to signify changes in scenes or contexts. Chapters fourteen to twenty focus on textual and plot elements, while chapters twenty-eight to thirty-four are dedicated to musical components and instruments, showcasing the multifaceted nature of this seminal work in the realm of Indian dramatic arts.

When considering the concept of theatre, the foremost inquiry pertains to the very essence of what constitutes a theatre. The term 'theatre' originates from the Greek word 'theatron', signifying a place designed for viewing. As elucidated by Professor Wilfred Grenville, this term is rooted in the Greek verb 'theaomai,' which translates to 'to see.' Thus, theatre can be broadly defined as a venue dedicated to the observation of performances by an audience. Architecturally, a theatre typically refers to a building or space equipped with seating for spectators, where theatrical productions and dramatic performances are staged,



effectively functioning as a playhouse. Essentially, it serves as the segment of a building where actors and performers exhibit their craft on a designated stage.

The relationship of Indian theatre to concepts such as modernity, contemporaneity, and post-coloniality has been a complex and nuanced one. Scholars have often posited that the historical origins of Indian theatrical texts and performance practices are deeply entwined with genres, discourses, and institutions born of theoretical modernity, largely influenced by European presence in cities like Calcutta and Bombay during the latter half of the nineteenth century. There's a tendency among scholars to view the rise of Indian theatre primarily through a Eurocentric lens, attributing its development to European influence over indigenous Indian roots. However, this emerging theatre asserted its cultural identity, rejecting colonial impositions and striving to reconnect with classical and pre-colonial Indian performance traditions, thus becoming a tool for decolonisation.

The theatre tradition of the past five decades cannot merely be seen as an extension of colonial or pre-colonial traditions; rather, it is a product of the new theoretical, textual, material, institutional, and cultural conditions fostered by political independence, cultural autonomy, and the formation of a new nation. It can be observed as postcolonial nations became new centres of consciousness, with literature and the arts, including theatre, evolving significantly in the context of nationalist politics and a long-standing cultural assertion against colonialism, reinforcing the idea of 'India as an integral cultural space'. In the incorporation of concepts of nation, history, and culture into Indian drama, theatre, and performance, the notion of a distinct Indian Theatre and the conceptual framework of national traditions are often challenged by critics. The discourse is cantered not on a debate



over the indigenouslyness of Indian theatre or its exposure to European influences. Instead, the acknowledgment of the evolutionary journey of Indian theatre, its transformation, and the extensive path traversed from textual representation to stage performance is emphasised. In this journey's analysis, the focus is placed not on the purity of Indian identity in theatre but on the understanding of the concept of Indian identity in the postcolonial context. The theoretical disappearance of Indian theatre, led by linguistic heterogeneity, does not prevent contemporary terms like Indian theatre or modern Indian theatre from continuing to encapsulate a variety of theatrical forms in major Indian languages, including both Sanskrit traditions and post-colonial developments. The European model of the nineteenth century, which emphasised theatre as an expression of nationalist ideology and progressive democratisation, struggles to align with the Indian context due to its inherent heterogeneity. Indian theatre's identity as a national tradition is thus shaped more by thematic, generic, and theoretical emphasis than by prior characteristics like authorship or interpretation.

Representations of Women in Indian Drama through Ancient Roots

The history of women in Indian theatre, particularly since the ancient period, reflects their complex relationship with the art form, both in terms of participation and representation. In *Natyashastra*, the earliest Indian treatise on dramaturgy, women's roles were often defined in relation to men or within exclusive female groups. Bharata Muni's *Natyashastra* introduces Lasya, a dance style characterised by feminine grace and emotion, contrasting with the male-dominated Tandava. This delineation of dance forms perpetuates the 'male gaze', positioning women as subjects of male desire in performance. Laura Mulvey coined the term 'male gaze' in 1975 to describe how media often depict women from a heterosexual



male perspective, reducing them to mere objects of desire. The concept of the gaze, particularly in visual culture, suggests that in Western culture, from art to advertising, the norm is for men to observe and women to be observed. This idea, first proposed by Berger in 1972, finds its detailed theoretical framework within film studies, where it's closely linked to notions of voyeurism and narcissism. Laura Mulvey, in 1989 (originally 1974), further elaborated on this by explaining how cinema often allocates active and passive roles based on gender. In many classic Hollywood movies, the narrative and visual perspective are controlled by a male character who observes a female character, while the camera captures his viewpoint. This aligns the audience's perspective with the male character's, effectively positioning them to see through a male lens. This "male gaze" in cinema involves a triple perspective: that of the camera, the male character, and the viewer. To amplify visual pleasure, the woman's body is fragmented into close-ups, reducing her to an object of spectacle or, as Mulvey puts it, into a state of "to-be-looked-at-ness." The male gaze, therefore, objectifies women, stripping them of agency and rendering them passive. This concept echoes Simone de Beauvoir's insights on gender dynamics, where women, as the "second sex," internalize the objectifying male gaze without the power to counteract it. The ancient Indian treatise Natyashastra offers a more integrated portrayal of genders in artistic expression. Contemporary Indian cinema is increasingly critiquing the 'male gaze', aiming for nuanced and empowered representations of women. This shift reflects a broader move towards questioning traditional gender roles and advocating for narratives that challenge objectification and promote gender equality.

Bharata categorises heroines into four classes: goddesses, queens, high-born women,



and courtesans. He further subdivides them based on their relationship to the male hero - as his wife, another man's wife, or a courtesan. This classification system underscores the gender biases prevalent in ancient Indian theatre. The concept of Street Preksha, first mentioned by Kautilya in the *Arthashastra*, refers to performances exclusively by female artists. This tradition, evident in the works of playwrights like Kalidasa, allowed for all-female productions, albeit still within the confines of societal norms and restrictions on female spectators. Over time, particularly by the 8th century, the position of women in theatre declined significantly. This led to the practice of young boys playing female roles, coinciding with the rise of the purdah system and a decrease in female participation in theatre. The role of 'Nati', a female character in Sanskrit theatre, was primarily to entertain the audience with songs and dance. By the 10th century, these roles were often played by 'Devadasis', under royal patronage, marking another evolution in the representation of women in Indian theatre. This narrative reflects the evolving yet constrained role of women in the theatrical landscape of India, highlighting how their portrayal and participation have been shaped by societal norms and gender dynamics over centuries. In the 1930s, women began to take on heroine roles in Indian drama, notably in Kanpur *Nautankis*, where they were often paid more than their male counterparts. Gulab Bai, a woman from a lower caste, emerged as the first female performer in *Nautanki*, taking on roles like Laila in *Laila-Majnun* and Taramati in *Harishchandra*. She started her theatre career at twelve and rose to fame by the late 1930s. However, this era also saw a decline in traditional theatre, partly blamed on the inclusion of women, reflecting societal prejudices against women in public roles. Women performers, often from lower social strata or marginalised communities, were unfairly stereotyped as 'loose women'. This stigma impacted their personal and professional lives. The portrayal of



women on stage, whether real or as a facade, continued to reflect and reinforce patriarchal control, affecting both their physical and visual representation. Up until the 1970s, theatre practices largely perpetuated gender stereotypes and cultural constraints within women's lives.

Interpreting Rasa Theory in Contemporary Contexts

The *Natyashastra* and its rasa theory have been interpreted in diverse ways, highlighting their multifaceted applications in the realm of performing arts. Rasa and bhava, often referred to as the language of staging or as a theory of mimetic communication, have drawn parallels with various global theories.

Colonial Theatre in India: Cultural Dominance and Anti-Colonial Resistance

Colonial theatre in India initially emerged as a medium to spread British culture among the Indian populace, serving as an instrument for reinforcing colonial dominance in the late 20th century. Nandi Bhatia highlights the contrast drawn between indigenous and colonial theatre during this era, with the former often disparaged as inferior. However, this marginalisation of native theatre kindled a spirit of anti-colonial resistance among the oppressed native classes. The resulting theatrical form was neither purely indigenous nor wholly colonial but a fusion of both. Indigenous theatre makers incorporated traditional performance styles with elements of British proscenium theatre, turning this new genre into a potent tool against British rule. In 1942, amidst the Bengal famine, the Indian People's Theatre Association (IPTA) was established, uniting progressive writers who recognized theatre's potential as a means of combating colonialism. The IPTA, deeply aligned with the



Communist Party and international anti-fascist and anti-imperialist movements, is credited as India's first national theatre movement. Despite India gaining independence in 1947, the British-era Dramatic Performance Act of 1876 continued to be used by the Indian government to censor groups like the IPTA. The IPTA's influence paved the way for a legacy of post-colonial political theatre in India, inspiring contemporary theatre groups that exist today. A significant event in the post-colonial history of Indian theatre was a drama seminar held by the Sangeet Natak Akademi in 1956 in New Delhi. This seminar, aimed at unifying practitioners and policymakers to deliberate on theatre's role in nation-building, was inaugurated by then Vice President Sarvepalli Radhakrishnan and directed by Bengali director and playwright Sachin Sengupta. In 1989, another pivotal festival organised by the Sangeet Natak Akademi served to foster connections among theatre groups engaged in similar work. Aparna Bhargava Dharwadker identifies the formation of the IPTA, the 1956 seminar, and the 1989 festival as three crucial milestones in the evolution of post-colonial Indian theatre. Colonial theatre in India initially served as a medium for disseminating British culture, reinforcing colonial dominance. Nandi Bhatia observes a stark contrast between indigenous and colonial theatre, with the former often perceived as inferior. This discrimination against native theatre kindled anti-colonial sentiments, leading to a unique blend of indigenous and colonial theatrical styles. This fusion became a significant form of resistance against British rule. The Indian People's Theatre Association (IPTA), established in 1942 during the Bengal famine, united progressive writers and highlighted theatre as an anti-colonial tool. Linked closely to the Communist Party and international anti-fascist movements, the IPTA is regarded as India's first national theatre movement. Despite India's independence in 1947, the colonial-era Dramatic Performance Act of 1876 continued to be



invoked, often to censor groups like the IPTA. The IPTA inspired a legacy of political theatre in post-colonial India, influencing contemporary groups. A pivotal moment in the history of post-colonial Indian theatre was the 1956 drama seminar organised by the Sangeet Natak Akademi in New Delhi. Inaugurated by Vice President Sarvepalli Radhakrishnan and directed by Bengali director Sachin Sengupta, the seminar sought to explore theatre's role in nation-building. A similar festival in 1989, also by the Sangeet Natak Akademi, aimed to connect theatre groups working on similar themes.

Traditional Influences: Blending the Old and the New

Indian theatre today spans a wide array of themes, effectively mirroring the complex nature of Indian society. Plays by renowned writers like Mahesh Dattani and Vijay Tendulkar confront critical issues such as gender biases and social injustices. This thematic range not only reflects India's societal diversity but also resonates with universal human experiences, making Indian theatre globally relatable. The impact of classical and folk forms like *Kathakali*, *Koodiyattam*, and *Nautanki* is profound. Contemporary playwrights and directors draw heavily from these traditional forms, weaving classical dance, music, and storytelling into modern narratives. This unique blend is vividly exemplified in the works of directors like Ratan Thiyam and Girish Karnad, who masterfully integrate traditional aesthetics into contemporary themes. Girish Karnad, a versatile playwright, actor and director, made significant contributions through his plays written primarily in Kannada. He skilfully reinterpreted mythology and history, addressing contemporary issues and creating a new wave of modern identity crises through his works. Girish Karnad significantly influenced the evolving definitions of 'Indian Culture' through his work in theatre. Karnad skilfully



integrates Yakshagana forms and themes, alongside subtle influences from European avant-garde, particularly Anouilh and Brecht, whom Karnad openly give credits. Karnad's exploration of local and folk performance traditions, deeply rooted in his own childhood, emerges not as a rejection of modern Indian theatre's emulation of Western naturalism, but rather as a critical response to its superficiality and social disconnect. His early works, such as *Yayati* (1961), *Tughlaq* (1964), and *Hayavadana* (1970), while showing Western influences into themes from Hindu mythology, Indian history, and folk tales through a contemporary lens. Ratan Thiyam, a notable figure in Indian theatre, is renowned for his unique approach that fuses traditional Manipuri elements with modern themes. His visually striking productions often utilise traditional Manipuri dance and music, creating deeply philosophical and sensory experiences. Ratan Thiyam, in his works *Urubhangam* and *Karnabharam*, seeks to infuse the essence of Manipuri culture, lending a unique voice to these narratives amidst feelings of estrangement.

Regional Styles: Reflecting Linguistic and Cultural Diversity

The diversity of Indian linguistic and cultural landscapes is vividly reflected in its theatre. Each region adds its distinctive style influenced by local traditions and socio-cultural contexts. For instance, Bengali theatre, represented by figures like Utpal Dutt and Badal Sircar, is known for its intellectual depth and political narratives, while Marathi theatre is lauded for its realism and focus on social issues.

Utpal Dutt, primarily known for his work in Bengali theatre and cinema, used his plays as a medium for critiquing social injustices and political issues. He founded the 'Little



Theatre Group', which evolved into 'People's Little Theatre (PLT)', focusing on socially relevant and politically charged narratives.

Badal Sircar is best remembered for pioneering the 'Third Theatre' movement. He revolutionised the theatre landscape by making it more accessible and interactive, utilising non-traditional spaces like streets and community halls for performances

Transition to Post-Colonial Indian Theatre

The post-colonial period saw a shift from Western drama to integrating drama and literature. Rabindranath Tagore in Bengal pioneered this integration, though his work was initially seen as too serious for mainstream theatre. This period also witnessed the rise of playwrights as theorists, reflecting on cultural, anti-colonial, and state development issues. The transition to post-colonial Indian theatre represents a significant shift from traditional and colonial influences to a more autonomous and diverse theatrical expression. This evolution showcases a resilient transition, where modern narratives resist historical constraints and engage deeply with themes of identity, decolonisation, and societal critique, reflecting a vibrant and transformative theatrical landscape. Debates about form and indigeneity were central to post-colonial Indian national theatre. Neo-traditionalists advocated for a revival of classical Sanskrit theatre, rejecting colonial proscenium structures.

Diversity in Contemporary Theatre

A nuanced view within this group acknowledged the importance of tradition but recognized the challenges in recreating classical works authentically. Playwrights like Vijay Tendulkar and Mahesh Dattani emphasised realistic depictions of social experiences, arguing



for their authenticity and relevance. Utpal Dutt and G.P. Deshpande preferred a politically oriented theatre, influenced by groups like the Progressive Writers' Association, Moscow Art Theatre, Bertolt Brecht, and Augusto Boal, focusing on contemporary political realities. Bengal played a crucial role in these developments. Rustom Bharucha's *Rehearsals of Revolution* examines how 19th-century Bengal became a hub for political theatre and the IPTA's role in this transformation. The IPTA, while initially urban-focused, gradually embraced more inclusive themes, improvising plays on issues like famine and integrating folk theatre elements. Utpal Dutt, a leading figure in Bengali theatre, transitioned from performing Shakespeare to more locally relevant productions, influenced by his Marxist beliefs. Similarly, Badal Sircar's "Third Theatre" sought to detach from conventional economic structures, focusing on individual stories within political contexts.

Emergence of Dalit Theatre: Resilience of Contemporary Indian Theatre

The emergence of Dalit theatre in contemporary Indian theatre is a significant cultural and social phenomenon, marking a transformative era in the Indian performing arts landscape. This movement has not only redefined the contours of Indian theatre but has also played a pivotal role in bringing to the fore the resilience, struggles, and voices of the Dalit community. Dalit theatre, with its roots deeply entrenched in the quest for social justice and equality, stands as a testament to the power of performance as a medium of resistance and change.

Dalit theatre originated within the context of a broader socio-political movement aimed at dismantling the oppressive caste system in India. Inspired by the anti-caste ideology



of reformers like Dr. B.R. Ambedkar, this form of theatre emerged as a dynamic platform for the Dalit community to articulate their experiences, challenges, and aspirations. It was a conscious departure from traditional Indian theatre that often marginalised or ignored Dalit narratives. Dalit theatre rose as a counter-narrative, challenging the dominant casteist discourse and bringing to the stage the lived realities of the Dalits. Central to Dalit theatre are themes that revolve around caste oppression, social exclusion, and the fight for dignity and rights. These narratives are powerful renditions of struggle and resistance, capturing the raw emotions and realities of the Dalit experience. Beyond just portraying the anguish and injustices faced by the community, Dalit plays often embody a spirit of defiance and hope, showcasing the resilience and determination of the Dalits to claim their rightful place in society. Dalit theatre is known for its stark, compelling, and often provocative style. The performances are marked by a strong emphasis on realism, with minimalistic production designs focusing on the potency of the script and the intensity of the actors' performances. Street plays and community-based performances are a hallmark of Dalit theatre, making it more accessible and relatable to the masses, particularly in rural and marginalised communities. The rise of Dalit theatre has had a profound impact on the Indian cultural domain. It has not only provided a voice to the historically marginalised Dalit community but also played a crucial role in sensitising society about caste-based discrimination. By democratising the space of theatrical expression, Dalit theatre has contributed significantly to the evolution of Indian theatre as a more inclusive and socially conscious art form.

Conclusions

This article encapsulates the rich tapestry of Indian theatre, charting its journey from



the foundational wisdom of the *Natyashastra* to its current vibrant and diverse form. It underscores the significant role of theatre in reflecting and shaping societal norms, political ideologies, and cultural identities. It highlights the evolving roles and representations of women, the theoretical frameworks that have shaped Indian theatre, and the emergence of a unique post-colonial national identity in the art form. The exploration reveals how Indian theatre has continuously evolved, absorbing influences from various eras while retaining its unique cultural essence. The enduring impact of colonial and post-colonial theatre, the rise of feminist perspectives, and the inclusion of Dalit narratives have collectively expanded the horizons of Indian theatrical expression. Today's Indian theatre stands as a testament to the country's artistic resilience and adaptability, embracing modernity while reversing its ancient roots. The legacy of colonial and post-colonial theatre in India remains a vital influence in contemporary Indian theatre. These movements and figures have shaped a landscape marked by resistance to homogenous narratives and a continued engagement with anti-colonial and anti-imperialist themes. Their enduring impact is evident in modern forms of political theatre, including Augusto Boal's *Theatre of the Oppressed*, reflecting the enduring impact of colonial and post-colonial theatre in India.

This dynamic interplay between tradition and innovation positions Indian theatre not only as a reflection of its rich cultural heritage but also as a forward-looking, inclusive platform for artistic and social discourse. In its journey, Indian theatre has become a mirror to the complexities of Indian society, offering a powerful medium for storytelling, cultural preservation, and societal critique. This comprehensive overview encapsulates the journey of Indian theatre from its ancient roots in the *Natyashastra*, through the tumultuous colonial



period, to the vibrant and diverse landscape of contemporary Indian theatre. Each era's unique contributions and challenges have collectively enriched the tapestry of Indian theatrical expression, making it a dynamic and influential force in the global artistic community. In contemporary times, Dalit theatre continues to evolve, addressing new challenges and incorporating modern elements into its narrative. It remains a powerful medium for social critique and advocacy, reflecting the ongoing struggles and triumphs of the Dalit community. The resilience and vibrancy of Dalit theatre underscore its critical role in shaping the discourse on social justice and equality in India. The emergence of Dalit Theatre in contemporary Indian theatre exemplifies the enduring power of art as a catalyst for social change. It highlights how theatre can serve not just as a mirror to society but also as a hammer with which to shape it. The resilient voices of Dalit theatre continue to resonate, challenging societal norms and inspiring a wave of transformation in the realm of Indian performing arts.



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